

# Personal Protective Equipment (PPE): A guide for staff caring for COVID-19 positive people in hospital

These recommendations are for all hospital personnel who enter a clinical area with COVID-19 patients.

Standard precautions including the 5 moments for hand hygiene\* apply for all patients with an acute respiratory infection.

Transmission precautions for all suspected or confirmed COVID-19.

Contact and airborne procedures for aerosol generating procedures‡

Before entering patient rooms	Single room	Cohorted room (bay of two or more people)
 <p><b>Always perform hand hygiene*</b></p>	<p>✓</p> <p>Hand hygiene always in-between patients and before and after procedures and before and after gloves</p>	<p>✓</p> <p>Hand hygiene always in-between persons and before and after procedures and before and after gloves</p>
 <p><b>Don a long sleeve impervious gown</b></p>	<p>✓</p> <p>For close patient contact single use</p>	<p>✓</p> <p>For close patient contact single use</p>
 <p><b>Use a Surgical Mask</b></p>  <p><b>N95/P2‡ Mask</b></p>	<p>✓</p> <p>For all patient interactions N95 mask ‡^</p>	<p>✓</p> <p>Keep mask on until mask becomes damp. Change as per PPE doffing Nebulised medications should not be performed in cohort bay</p>
 <p><b>Wear eye protection†</b></p>	<p>✓</p>	<p>✓</p>
 <p><b>Don non-sterile Gloves</b></p>	<p>✓</p> <p>For body fluid contact. Single patient use</p>	<p>✓</p> <p>For body fluids contacts. Single patient use.</p>

\* Perform hand hygiene according to the 5 moments for hand hygiene

‡ P2/N95 respirator must comply with AS/NZS 1716:2012 respiratory protective devices. The difference between N95 and P2 classification for respirator face masks is the N95 classification means the masks complies with USA testing requirements and the P2 classification indicates compliance with European testing requirements. Should be fit checked before each use.

^ Aerosol-generating procedures include nebulized medication, endotracheal intubation, rapid sequencing intubation, bronchoscopy, tracheostomy, open suctioning of airway secretions, bilevel positive airway pressure (BiPAP) sputum induction and cardiopulmonary resuscitation.

† Face shield or goggles. Prescription glasses is not classed as eye protection. Remember to clean eye protection between uses

**Follow donning and doffing procedure for as recommended by your Infection Prevention and Control Team**